



Joint Base Lewis-McChord  
Child, Youth & School Services

### New this quarter

- **Madigan Child Development Center** will undergo renovations at the start of the year.
- **SKIESUnlimited** classes located at **McChord Field Youth Center** include piano and fencing lessons, gymnastics classes and traditional Okinawan Shorin-ryo Karate-do. For more information, call 253-982-1001 or 253-966-3539.
- **Jensen Family Health and Fitness Center's** childcare program has temporarily moved to **Wilson Fitness Center** (Bldg. 11596 at Lewis North). Enjoy free onsite childcare while you work out Monday through Friday from 8 a.m. to 7 p.m. and Saturday from 8 a.m. to 3 p.m. Bring your swipe card and attend a brief parent orientation. For details, call 253-967-1254.

### Did you know?

**CYSS registration is required for all Child and Youth programs and services**

Registration is FREE, and you can go online—don't stand in line!

There are four easy ways to register:

- Go to [JBLMmwr.com/CYS](http://JBLMmwr.com/CYS) and click on Web-Trac to begin registration
- Call 253-966-CYSS (2977) and press 4 to make an appointment

Or bring your documents\* to Parent Central Services Monday-Friday to:

- Bldg. 2295, corner of 12th and Bitar 8 a.m.-4 p.m.
- Bldg. 100, Col. Joe Jackson Blvd. at McChord Field 8 a.m.-3:30 p.m.

\* Documents can be downloaded at [JBLMmwr.com/CYS](http://JBLMmwr.com/CYS). Click on the CYSS online registration and payments button. Sign in as a guest and in the drop-down menu, select Forms-Links, Required Registration Forms and Registration Requirements.

### Highlights from last quarter

#### Grand opening of Hillside Child Development Center

Children and teachers are settling in and exploring their new toys and playground equipment at Hillside CDC, which opened its doors Oct. 18, 2010. The center accommodates infants through preschool-age in 14 modules and is located in the Hillside housing area in Bldg. 6396 Garcia Blvd. at Lewis Main.



#### Teens had a great time at the Spooktacular Skate Party



Middle school and high school teens skated to the music of young DJ Isaiah Abram at October's Spooktacular Skate Party at the AFC Arena

(Lewis Main). The 380 attendees made face masks, played skating games and skated the costume catwalk for prizes. At the end of the evening, all teens left with lots of sweet treats!

#### Become a Family Child Care provider

Family Child Care provides the training, you provide the caring. Earn money while caring for your own children and providing care for others in your on-base home. Upcoming orientations are from 6-8 p.m. Jan. 4 (followed by six days of provisional training Jan. 10-18) and March 8 (with provisional training March 14-21). For details and to apply, call 253-967-3039.

### Announcements

#### Teen Zone

The Cooking Club meets Mondays at 5 p.m. to research and learn new recipes. The youth also learn how to create recipes by cooking a variety of items. Of course, at the end of the day, everyone gets to taste the food. The club develops skills and peaks interests in culinary careers.

The Teen Zone is always looking for talented teens to express their interests and talents and be themselves in the **Annual Talent Showcase**, which will be May 27. Interested teens should call 253-967-4441 to register.

For information on the next training session with the **HIRED!** program, call 253-967-4694.

## CYSS Initiatives

### ARMY FAMILY COVENANT: Keeping the Promise



The CYSS Services Army Family Covenant Programs and Services support both deployment and enduring needs of JBLM families. Families are eligible for the following benefits 30 days before a deployment through 90 days after their Soldier's return.

- **16 hours of free hourly respite care per child per month**
- **Hourly fee reduction from \$4 to \$2 per child per hour for any hourly care beyond the free respite care hours**
- **20% fee reduction for regularly scheduled full- and part-day care**
- **Maximum of \$300 for SKIESUnlimited classes per child (not to exceed eight weeks/class)**
- **Maximum of \$100 for CYSS Services team or individual sports per child**
- **Free hourly child care during FRG meetings**



**Welcome home, troops! We're glad to have you back, and thank you for your service!**

To take advantage of these benefits, bring official orders to Parent Central Services (Bldg. 2295 at the corner of 12th St. and Bitar Ave. at Lewis Main), or call 253-966-CYSS (2977) (press 4 to make an appointment). Office hours: Monday through Friday 8 a.m.–4 p.m.

## Good to know

CYSS Services parents and children have access to FREE short-term, confidential, non-medical consulting services provided by Military and Family Life Consultants. This consulting is designed to address the various issues that occur across the military lifestyle and help children cope with stressful/adverse situations created by deployment and reintegration. Services include, but are not limited to:

- Anger management
- Behavioral concerns
- Deployment and separation
- Reunion adjustment
- School adjustment
- Fear, grief and loss

To reach an MFLC, call 253-677-3883 or 253-320-8180/1803 or visit [mhngs.com](http://mhngs.com).

## Coming soon

### Washington State Military Kids and Families Summit

This event reaches out to military families, educators, community leaders and anyone who wants to learn more to understand and support military kids. The summit will focus on deployment, transition and other related issues with resources, networking, dynamic speakers and outreach opportunities.

The event is Friday, March 4 from 7:30 a.m. to 4:30 p.m. at the Tacoma Elks Lodge #142, 2114 Tacoma Avenue S. The cost is \$10 per military family member or community member; \$20 per professional. For more information, visit [conferences.wsu.edu/militarykids](http://conferences.wsu.edu/militarykids).

## Book review

*Smart Play: 101 Fun, Easy Games that Enhance Intelligence*

by Barbara Sher

"Name Matches" a game that enhances Verbal-Language Skills for young children (found on page 49). Children learn they have a name of their own when they are quite young. A little later they discover that their name can be written and read. This game for one or two people aids that discovery.

*Materials:* pen, paper, scissors; optional: glue stick

*Directions:* Write your child's name on a sheet of paper in large block letters. Write it again on the bottom of the sheet and cut this version out, separating each letter into its own square. With your child on your lap or next to you, pick up the first letter of his/her name and help her find the matching letter on the sheet of paper. If you want, you can have her glue the letter on top of the matching letter with a glue stick. If she's too young to maneuver a glue stick, a little lick on the back of the paper will make it stick well enough for this game.



*Variations:* Add other letter choices so she has to distinguish the letters in her name from all other letters. Do the same with the names of other family members.

*What's being learned:* Children are learning that their name can be made out of letters, as well as learning individual names.

Help your child learn to recognize their name and other letters of the alphabet with this fun game!