

# *American Lake*



## *Lunch Selections*

Located at:  
American Lake Community Center  
Bldg 8085 NCO Beach Rd.  
P.O. Box 33308  
Fort Lewis, WA 98433  
253-964-1209



# Plated Luncheons

## **The Low Impact Lunch**

**\$9.50 per person**

*A Duo of Healthy Chilled, Prepared Salads served over Garden Fresh Mixed Salad Greens – Chunk White Tuna Salad with Celery, Onions, and Mayo – Diced Chicken Salad with Almonds, Grapes, and Yogurt Served with Fresh Mixed Fruit Cup  
Freshly Baked Dinner Rolls with Butter  
Freshly Brewed Battle Bean Coffee, Battle Bean Decaffeinated  
And Ice Tea*

## **Seafood Lunch**

**\$11.50 per person**

*Mixed Wild Greens Salad with House Vinaigrette Dressing  
Baked Atlantic Salmon with Honey Citrus Glaze  
Roasted New Potatoes, Green Beans with Toasted Almonds  
Freshly Baked Dinner Rolls with Butter  
Freshly Brewed Battle Bean Coffee, Battle Bean Decaffeinated  
And Ice Tea*

## **The High Impact Lunch**

**\$11.95 per person**

*Lightly Tossed Caesar Salad  
Sliced, Roasted Strip Loin of Beef or Baked Herbed Chicken Breast  
With Béarnaise Sauce  
Garlic Mashed Potatoes and Vegetable Medley  
Freshly Baked Dinner Rolls with Butter  
Freshly Brewed Battle Bean Coffee, Battle Bean Decaffeinated  
And Ice Tea*

## **Pasta Lover's Lunch**

**\$7.95 per person**

*Tossed Garden Greens with our House Vinaigrette Dressing  
Bowtie Pasta tossed with Seasonal Vegetables and Sun Dried Tomatoes  
Freshly Baked Dinner Rolls with Butter  
Freshly Brewed Battle Bean Coffee, Battle Bean Decaffeinated  
And Ice Tea*



# Luncheon Theme Buffets

---

## **Southern Style Classic Buffet**

**\$13.50 per person**

*Tossed Mixed Garden Greens with Tomatoes, Cucumbers, Carrots,  
Sliced Red Onions, and Choice of Two Dressings  
Potato Salad and Cole Slaw  
Southern Fried Chicken  
Char-Broiled Hamburgers with All the Trimmings  
Freshly Baked Cookie Assortment  
Fresh Seasonal Fruits  
Freshly Baked Dinner Rolls with Butter  
Freshly Brewed Battle Bean Coffee, Battle Bean Decaffeinated  
and Ice Tea*

## **Italian Style Lunch Buffet**

**\$14.95 per person**

*Classic Caesar Salad with Herbed Croutons  
Bowtie Pasta Salad with Roasted Vegetables and Balsamic Vinaigrette  
Grilled Italian Sausage with Peppers and Onions  
Slow-Roasted Rosemary Chicken with Garlic, Lemon, and Olive Oil  
Penne Pasta with Marinara Sauce  
New York Style Cheesecake  
Freshly Baked Dinner Rolls with Butter  
Freshly Brewed Battle Bean Coffee, Battle Bean Decaffeinated  
and Ice Tea*



# Luncheon Deli Buffets

## **Deli Style Buffet**

**\$11.95 per person**

*Sliced Roast Beef, Roasted Turkey, and Shaved Ham*

*Sliced Cheeses - Cheddar, Swiss, American*

*Leaf Lettuce, Sliced Tomatoes, Onions and Pickles*

*Potato Salad*

*Tossed Mixed Garden Greens with Tomatoes, Cucumbers,*

*Carrots, Sliced Red Onions,*

*And Choice of Two Dressings*

*Freshly Baked Dinner and Focaccia Rolls*

*Mayonnaise, Dijonnaise, and Honey Mustard*

*Freshly Baked Cookie Assortment*

*Selection of Soft Drinks and Bottled Water*

*Coffee and Tea*

## **Grande Deli Buffet**

**\$13.95 per person**

*Sliced Roast Beef, Roasted Turkey, Shaved Ham, and Salami*

*Sliced Cheeses - Cheddar, Swiss, American*

*Leaf Lettuce, Sliced Tomatoes, Onions and Pickles*

*Potato Salad, Pasta Salad with Roasted Vegetables*

*Tossed Mixed Garden Greens with Tomatoes, Cucumbers,*

*Carrots, Sliced Red Onions,*

*And Choice of Two Dressings*

*Freshly Baked Dinner and Focaccia Rolls*

*Mayonnaise, Dijonnaise, and Honey Mustard*

*Freshly Baked Cookie Assortment and Brownies*

*Fresh Seasonal Fruits*

*Selection of Soft Drinks and Bottled Water*

*Coffee and Tea*

*Please add an 18% gratuity to all menu selections*



# Boxed Lunches

---

## **The American Box Lunch**

**\$8.25 per person**

*Roast Beef or Turkey Sandwich with White American Cheese*

*Lettuce, Tomato, Onion on White or Wheat*

*Potato Chips*

*Whole Seasonal Fruit*

*Freshly Baked Cookies*

*A Selection of Soft Drinks or Bottled Water*

## **The Sub Combo Lunch**

**\$9.95 per person**

*Submarine Sandwich with Turkey, Ham, and Salami with*

*White American Cheese*

*Lettuce, Tomato, Onion on a French Baguette*

*Pasta Salad*

*Whole Seasonal Fruit*

*Chewy Chocolate Brownie*

*A Selection of Soft Drinks or Bottled Water*

## **Additional Side Orders**

<i>Potato Chips</i>	<i>\$1.25</i>
<i>Cole Slaw</i>	<i>\$1.75</i>
<i>Potato Salad</i>	<i>\$1.75</i>
<i>Pasta Salad</i>	<i>\$1.75</i>



# Soup, Salads, and Desserts

## Luncheon Salad

*All lunch salad entrees served with dinner rolls and choice of tea or coffee.*

<i>Grilled Chicken Caesar Salad</i>	<i>\$7.95</i>
<i>Chef's Salad Supreme</i>	<i>\$8.45</i>
<i>Soup and Salad</i>	<i>\$6.50</i>
<i>Soup and Sandwich</i>	<i>\$8.50</i>

***Dressings*** – Bleu Cheese, 1000 Island, Ranch, Italian, Catalina

***Meat Selection*** – Roast Beef, Turkey, Ham, Curried Chicken Salad, or Tuna Salad

***Cheese Selection*** – Cheddar, American, Swiss

***Bread Selection*** – White, Wheat, Croissant, Kaiser, French Baguette

***Soup Selection*** – Chicken Noodle, Minestrone, Clam Chowder, Corn Chowder, Chicken Tortilla

## Desserts

*All desserts can be added to any menu choice, they are priced per person*

<i>New York Style Cheese Cake</i>	<i>\$3.50</i>
<i>Seasonal Berries over Vanilla Ice Cream</i>	<i>\$3.95</i>
<i>Warm Fruit Cobbler (Apple or Peach)</i>	<i>\$2.95</i>
<i>Butterscotch Layered Dessert</i>	<i>\$2.25</i>
<i>White, Dark Chocolate or Lemon Mousse</i>	<i>\$2.00</i>



# Specialty Cooks' Stations

---

*Entree Size Portions*

**Prime Rib of Beef au Jus**

**\$240.00**

*Serves approximately 40 guests*

**Carved to Order Slow-Roasted Steamship Round**

**\$315.00**

*Served with Dijonnaise Sauce and Horseradish Cream Sauce*

*Serves approximately 60 guests*

**Top Round of Beef**

**\$125.00**

*Served with Dijonnaise Sauce and Horseradish Cream Sauce*

*Serves approximately 50 guests*

**Whole Slow-Roasted Pork Loin with Pineapple Raisin Sauce**

**\$165.00**

*Serves approximately 40 guests*

**Roasted Turkey and Cranberry Sauce**

**\$115.00**

*Whole Roasted Turkey with Cranberry Sauce and Turkey Gravy*

*Serves approximately 50 guests*

**Southern Style Brown Sugar Glazed Ham**

**\$110.00**

*Glazed with Brown Sugar, Mustard and Cloves*

*Serves approximately 50 guests*

**Pasta Station**

**\$4.50 per person**

*Fettuccine, Bowtie, and Tortellini Pasta with Marinara and Alfredo Sauces  
with Freshly Grated Parmesan Cheese*

*Please add an 18% gratuity to all menu selections*



# Meeting Room

## **Break Out Session Extras**

<i>Assorted Whole Seasonal Fruit</i>	<i>\$1.25 ea</i>
<i>Fresh Seasonal Fruit</i>	<i>\$3.00 pp</i>
<i>Assorted Yogurt</i>	<i>\$1.50 pp</i>
<i>Assorted Mini - Danish Pastries</i>	<i>\$13.80 dz</i>
<i>Granola Bars</i>	<i>\$1.00 ea</i>
<i>Mixed Nuts</i>	<i>\$9.75 lb</i>
<i>Snack Pretzels</i>	<i>\$4.75 lb</i>
<i>Party Snack Mix</i>	<i>\$9.50 lb</i>
<i>Chilled Orange or Apple Juice</i>	<i>\$6.00 carafe</i>
<i>Bottled Water</i>	<i>\$1.50 ea</i>
<i>Assorted Can Sodas</i>	<i>\$1.50 ea</i>
<i>Chilled Milk</i>	<i>\$6.00 carafe</i>
<i>Fruit Punch</i>	<i>\$12.75 gal</i>
<i>Iced Tea, Sweet or Unsweetened</i>	<i>\$8.00 gal</i>
<i>Freshly Brewed Battle Bean or Battle Bean Decaffeinated</i>	<i>\$20.00 gal</i>
<i>Cookie Assortment</i>	<i>\$10.00 dz</i>
<i>Chewy Chocolate Brownies</i>	<i>\$10.00 dz</i>

## **Soft Serve Ice Cream Station**

**\$175.00**

*Vanilla or Chocolate Soft Serve Ice Cream  
with Cones and Assorted Toppings  
Serves approximately 50 guests*

## **Chocolate Fountain**

**\$200.00**

*Served with Fresh Seasonal Fruit and Marshmallows  
Serves approximately 50 guests*