

Guidelines for Leaving Kids HOME ALONE

Leaving Kids



Joint Base Lewis-McChord

Child Safety Tips

- Things to memorize: Full name, address, telephone number.
- Post a list of numbers to call in case of emergency.
- Let trusted neighbors know that your child may be home alone.
- Call the child several times while you are away.
- Tell children not to go into other people's homes without your permission.
- Designate a safe house to run to if the child feels like he/she is in danger.
- Teach children basic home safety (how to lock doors and windows, kitchen safety, etc.).

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AR 608-10, AR 608-18, & AR 608-75 require all installation commanders implement a "home alone" policy to address ages & circumstances under which a child may be left at home alone during parental duty hours without adult supervision.



CHILD & YOUTH SERVICES

Age of Child	**Level of Supervision	Length of Time
0-9 years	Direct Supervision	At all times
10-11 years	Monitored Care	2 Consecutive Hours
11-12 years	Self-Care	4 Consecutive Hours
13-15 years	Self-Care	6 Consecutive Hours
16-17 years	Self-Care	10 Consecutive Hours

**LEVEL OF SUPERVISION

DIRECT SUPERVISION: Adult supervision on a regular basis during out of school hours during parental duty day. After age 3, an adult must have line-of-sight monitoring ability to be able to respond immediately if needed.

MONITORED CARE: An adult is aware of child's location and activities during out of school hours. An emergency contact is available at all times.

SELF-CARE: Parents must assess child's ability to be in self-care.

AGE OF SITTER	GUIDELINES FOR BABYSITTING REQUIREMENTS
12	May babysit other children 1-11 years old up to 3 hours without adult supervision.
13-14	May babysit other children 0-11 years old up to 3 hours without adult supervision.
15-17	May babysit other children 0-11 years old (not overnight).
18+	May babysit other children of all ages overnight or for extended periods of time (TDY, parents on vacation, deployment, etc.).

JBLM Police: (253) 967-3107 • AFCS Family Advocacy Program: (253) 967-5901